

Junior Tennis Pathway

Try Tennis

Focused on new and beginner tennis players, Try Tennis programs will introduce fundamentals through fun and engaging lessons. Players will learn rules, etiquette, technique, and tactics to play and enjoy tennis.

Fundamental

Focused on returning beginner and intermediate tennis players, Fundamental programs will reinforce and develop tennis fundamentals through fun and engaging lessons. Lessons will challenge players tactically, technically, and athletically while encouraging tennis for life. program.

Developmental

Focused on competitive tennis players, Developmental programs will challenge players tactically, technically, and athletically in preparation to compete at the provincial and national level. Lessons will focus on developing a passion for the sport while teaching the skills necessary for competition. Acceptance into Developmental program is based on ability, passion, attitude, and commitment to participating in local, provincial, and national tournaments

Try Tennis - Red
Age 5-7

Fundamental - Red
Age 5-7

Developmental
U9

Try Tennis - Orange
Age 8-10

Fundamental - Orange
Age 8-10

Developmental
U12

Try Tennis - Green
Age 10-12

Fundamental - Green
Age 10-12

Developmental
U14

Try Tennis - Teen
Age 13-17

Fundamental - Teen
Age 13-17

Developmental
Teen

Matchplay

Red/Orange/Green/Teen

Introduce and normalize competition

Skill Requirements

Serve	6/10 serves in play
Rally	Rally 10 in a row FH/BH
Score	Able to self-score full match

Matchplay

Developmental

Develop tactics and prepare players for provincial and national competition