

# Junior Tennis Pathway

## Try Tennis

Focused on new and beginner tennis players, Try Tennis programs will introduce fundamentals through fun and engaging lessons. Players will learn rules, etiquette, technique, and tactics to play and enjoy tennis.

## Fundamental

Focused on returning beginner and intermediate tennis players, Fundamental programs will reinforce and develop tennis fundamentals through fun and engaging lessons. Lessons will challenge players tactically, technically, and athletically while encouraging tennis for life. program.

## Developmental

Focused on competitive tennis players, Developmental programs will challenge players tactically, technically, and athletically in preparation to compete at the provincial and national level. Lessons will focus on developing a passion for the sport while teaching the skills necessary for competition. Acceptance into Developmental program is based on ability, passion, attitude, and commitment to participating in local, provincial, and national tournaments

Try Tennis - Red  
Age 5-7

Fundamental - Red  
Age 5-7

Developmental  
U9

Try Tennis - Orange  
Age 8-10

Fundamental - Orange  
Age 8-10

Developmental  
U12

Try Tennis - Green  
Age 10-12

Fundamental - Green  
Age 10-12

Developmental  
U14

Try Tennis - Teen  
Age 13-17

Fundamental - Teen  
Age 13-17

Developmental  
Teen

### Matchplay

**Red/Orange/Green/Teen**

Introduce and normalize competition

#### Skill Requirements

**Serve** 6/10 serves in play  
**Rally** Rally 10 in a row FH/BH  
**Score** Able to self-score full match

### Matchplay

**Developmental**

Develop tactics and prepare players for provincial and national competition